

28. Süddeutsche Jahrgangsmeisterschaften
Dresden, 7. - 8.5.2022

Wettkampf 27
08.05.2022 - 12:50

Mädchen, 400m Freistil

Jahrgänge 2008 - 2010
Protokoll

Jahrgang 2008 14: 4:54.63 / Jahrgang 2009 13: 5:01.97 / Jahrgang 2010 12: 5:14.11

Punkte: FINA 2022

Rang			Jg.			Zeit	Pkt.
Jahrgang 2010							
1.	Nika Benkler		10	SC Regensburg		4:45.90	565
	<i>Süddeutsche Jahrgangsmeisterin</i>						
	50m:	31.77	31.77	150m:	1:44.67	36.97	250m: 2:58.07 36.63
	100m:	1:07.70	35.93	200m:	2:21.44	36.77	300m: 3:34.76 36.69
							350m: 4:11.32 36.56
							400m: 4:45.90 34.58
2.	Valerie Brzezicha		10	SG Frankfurt		4:49.27	546
	50m:	33.19	33.19	150m:	1:46.28	37.18	250m: 2:59.88 36.84
	100m:	1:09.10	35.91	200m:	2:23.04	36.76	300m: 3:36.68 36.80
							350m: 4:13.67 36.99
							400m: 4:49.27 35.60
3.	Valeria Alexandra Nekrasov		10	SG Mittelfranken		4:53.35	523
	50m:	32.39	32.39	150m:	1:46.36	37.43	250m: 3:01.50 37.61
	100m:	1:08.93	36.54	200m:	2:23.89	37.53	300m: 3:39.95 38.45
							350m: 4:17.45 37.50
							400m: 4:53.35 35.90
4.	Hanna Mitterer		10	VfL Piranhas Waldkraiburg		4:53.94	520
	50m:	33.13	33.13	150m:	1:47.04	37.50	250m: 3:02.63 37.97
	100m:	1:09.54	36.41	200m:	2:24.66	37.62	300m: 3:40.74 38.11
							350m: 4:18.64 37.90
							400m: 4:53.94 35.30
5.	Lia Sophie Körner		10	SG Frankfurt		4:54.84	515
	50m:	33.51	33.51	150m:	1:48.30	37.43	250m: 3:04.28 37.88
	100m:	1:10.87	37.36	200m:	2:26.40	38.10	300m: 3:42.13 37.85
							350m: 4:19.44 37.31
							400m: 4:54.84 35.40
6.	Lisa Barth		10	TB 1888 Erlangen		4:55.41	512
	50m:	33.36	33.36	150m:	1:47.51	37.14	250m: 3:03.11 37.87
	100m:	1:10.37	37.01	200m:	2:25.24	37.73	300m: 3:41.23 38.12
							350m: 4:18.76 37.53
							400m: 4:55.41 36.65
7.	Nika Kolmans		10	SC Wiesbaden 1911		4:57.47	502
	50m:	34.67	34.67	150m:	1:49.94	37.49	250m: 3:04.84 37.50
	100m:	1:12.45	37.78	200m:	2:27.34	37.40	300m: 3:42.81 37.97
							350m: 4:20.59 37.78
							400m: 4:57.47 36.88
8.	Laura Marie Kilz		10	SSV Ulm 1846		5:01.02	484
	50m:	33.99	33.99	150m:	1:51.29	38.73	250m: 3:08.38 38.02
	100m:	1:12.56	38.57	200m:	2:30.36	39.07	300m: 3:47.46 39.08
							350m: 4:25.12 37.66
							400m: 5:01.02 35.90
9.	Elisabeth Strecker		10	TB 1888 Erlangen		5:01.20	483
	50m:	33.26	33.26	150m:	1:47.68	37.53	250m: 3:04.98 38.86
	100m:	1:10.15	36.89	200m:	2:26.12	38.44	300m: 3:44.32 39.34
							350m: 4:23.23 38.91
							400m: 5:01.20 37.97
10.	Laila Kiesel		10	SCW Eschborn		5:01.33	483
	50m:	34.54	34.54	150m:	1:50.78	38.62	250m: 3:07.20 38.48
	100m:	1:12.16	37.62	200m:	2:28.72	37.94	300m: 3:45.48 38.28
							350m: 4:24.00 38.52
							400m: 5:01.33 37.33
11.	Anika Härtel		10	SV Region Stuttgart		5:03.71	471
	50m:	34.03	34.03	150m:	1:50.11	38.69	250m: 3:08.08 39.42
	100m:	1:11.42	37.39	200m:	2:28.66	38.55	300m: 3:46.73 38.65
							350m: 4:25.49 38.76
							400m: 5:03.71 38.22
12.	Jessica Kreider		10	Sport-Union Neckarsulm		5:03.72	471
	50m:	35.43	35.43	150m:	1:53.03	38.76	250m: 3:09.88 38.50
	100m:	1:14.27	38.84	200m:	2:31.38	38.35	300m: 3:48.61 38.73
							350m: 4:27.49 38.88
							400m: 5:03.72 36.23
13.	Lina Winkler		10	SGR Karlsruhe		5:04.35	468
	50m:	33.42	33.42	150m:	1:49.83	38.69	250m: 3:09.00 39.64
	100m:	1:11.14	37.72	200m:	2:29.36	39.53	300m: 3:48.78 39.78
							350m: 4:28.36 39.58
							400m: 5:04.35 35.99
14.	Marie Topuzovic		10	Hofheimer SC		5:04.90	466
	50m:	33.72	33.72	150m:	1:49.77	38.14	250m: 3:08.51 38.78
	100m:	1:11.63	37.91	200m:	2:29.73	39.96	300m: 3:48.03 39.52
							350m: 4:27.24 39.21
							400m: 5:04.90 37.66
15.	Eloise Dexne		10	SG Frankfurt		5:05.04	465
	50m:	33.17	33.17	150m:	1:50.48	39.18	250m: 3:09.71 39.97
	100m:	1:11.30	38.13	200m:	2:29.74	39.26	300m: 3:49.46 39.75
							350m: 4:28.21 38.75
							400m: 5:05.04 36.83



28. Süddeutsche Jahrgangsmeisterschaften
Dresden, 7. - 8.5.2022

Wettkampf 27, Mädchen, 400m Freistil, Jahrgang 2010

Rang			Jg.					Zeit	Pkt.
16.	Nike Mia Tack		10	SSG Neptun Germering				5:06.03	461
	50m:	32.84 32.84	150m:	1:50.01 39.13	250m:	3:09.18 39.35	350m:	4:28.40 39.11	
	100m:	1:10.88 38.04	200m:	2:29.83 39.82	300m:	3:49.29 40.11	400m:	5:06.03 37.63	
17.	Reneé Geihe		10	STV Limbach-Oberfrohna e.V.				5:07.06	456
	50m:	34.05 34.05	150m:	1:51.71 38.92	250m:	3:10.81 39.24	350m:	4:29.53 39.02	
	100m:	1:12.79 38.74	200m:	2:31.57 39.86	300m:	3:50.51 39.70	400m:	5:07.06 37.53	
18.	Emily Oster		10	SC Wiesbaden 1911				5:09.13	447
	50m:	34.23 34.23	150m:	1:52.18 38.95	250m:	3:11.75 39.53	350m:	4:31.10 39.41	
	100m:	1:13.23 39.00	200m:	2:32.22 40.04	300m:	3:51.69 39.94	400m:	5:09.13 38.03	
19.	Lisa Schader		10	DSW 1912 Darmstadt e.V.				5:09.17	447
	50m:	33.91 33.91	150m:	1:51.09 39.45	250m:	3:10.74 40.22	350m:	4:31.20 39.91	
	100m:	1:11.64 37.73	200m:	2:30.52 39.43	300m:	3:51.29 40.55	400m:	5:09.17 37.97	

Jahrgang 2009

1.	Mira Helget		09	SGR Karlsruhe				4:33.97	642
	<i>Süddeutsche Jahrgangsmeisterin</i>								
	50m:	31.68 31.68	150m:	1:41.37 35.27	250m:	2:50.91 34.88	350m:	4:00.32 34.71	
	100m:	1:06.10 34.42	200m:	2:16.03 34.66	300m:	3:25.61 34.70	400m:	4:33.97 33.65	
2.	Malin Wachter		09	SG Mittelfranken				4:34.64	638
	50m:	31.35 31.35	150m:	1:40.89 35.16	250m:	2:50.94 34.88	350m:	4:01.02 34.94	
	100m:	1:05.73 34.38	200m:	2:16.06 35.17	300m:	3:26.08 35.14	400m:	4:34.64 33.62	
3.	Melina Nitschke		09	SchwimmPool Chemnitz e.V.				4:39.71	604
	50m:	31.10 31.10	150m:	1:41.30 35.65	250m:	2:53.34 36.15	350m:	4:05.32 35.68	
	100m:	1:05.65 34.55	200m:	2:17.19 35.89	300m:	3:29.64 36.30	400m:	4:39.71 34.39	
4.	Helena Jurack		09	SGR Karlsruhe				4:39.75	603
	50m:	31.22 31.22	150m:	1:40.97 35.25	250m:	2:53.05 36.34	350m:	4:05.26 35.46	
	100m:	1:05.72 34.50	200m:	2:16.71 35.74	300m:	3:29.80 36.75	400m:	4:39.75 34.49	
5.	Irmela Charlotte Zeh		09	SV Cannstatt				4:42.96	583
	50m:	31.75 31.75	150m:	1:42.56 35.60	250m:	2:55.07 36.47	350m:	4:07.86 36.21	
	100m:	1:06.96 35.21	200m:	2:18.60 36.04	300m:	3:31.65 36.58	400m:	4:42.96 35.10	
6.	Eileen Weishaupt		09	SV Waiblingen				4:43.44	580
	50m:	32.63 32.63	150m:	1:43.53 35.38	250m:	2:57.03 36.98	350m:	4:10.33 36.41	
	100m:	1:08.15 35.52	200m:	2:20.05 36.52	300m:	3:33.92 36.89	400m:	4:43.44 33.11	
7.	Inessa Kelberer		09	SC Wasserfreunde Fulda e.V.				4:46.48	562
	50m:	33.38 33.38	150m:	1:45.83 36.38	250m:	2:59.28 36.88	350m:	4:12.59 36.50	
	100m:	1:09.45 36.07	200m:	2:22.40 36.57	300m:	3:36.09 36.81	400m:	4:46.48 33.89	
8.	Emma Kugeler		09	Mainzer Schwimmverein 01				4:46.62	561
	50m:	33.24 33.24	150m:	1:45.55 36.13	250m:	2:58.49 36.59	350m:	4:12.25 36.74	
	100m:	1:09.42 36.18	200m:	2:21.90 36.35	300m:	3:35.51 37.02	400m:	4:46.62 34.37	
9.	Milena Heider		09	SSG Coburg				4:52.34	529
	50m:	32.22 32.22	150m:	1:45.83 36.99	250m:	3:01.04 37.40	350m:	4:16.10 37.14	
	100m:	1:08.84 36.62	200m:	2:23.64 37.81	300m:	3:38.96 37.92	400m:	4:52.34 36.24	
10.	Zoé Kalenka		09	SV Nikar Heidelberg				4:53.47	523
	50m:	32.13 32.13	150m:	1:43.50 36.28	250m:	3:00.03 38.62	350m:	4:17.15 38.66	
	100m:	1:07.22 35.09	200m:	2:21.41 37.91	300m:	3:38.49 38.46	400m:	4:53.47 36.32	
11.	Neele Scharnweber		09	TB 1888 Erlangen				4:54.16	519
	50m:	31.36 31.36	150m:	1:44.30 37.05	250m:	3:00.96 38.34	350m:	4:17.77 38.25	
	100m:	1:07.25 35.89	200m:	2:22.62 38.32	300m:	3:39.52 38.56	400m:	4:54.16 36.39	
12.	Lisa Ball		09	Sport-Union Neckarsulm				4:54.21	519
	50m:	33.25 33.25	150m:	1:48.12 38.01	250m:	3:04.33 37.94	350m:	4:19.82 37.33	
	100m:	1:10.11 36.86	200m:	2:26.39 38.27	300m:	3:42.49 38.16	400m:	4:54.21 34.39	

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Wettkampf 27, Mädchen, 400m Freistil, Jahrgang 2009

Rang	Jg.				Zeit	Pkt.
13.	Marlena Victoria Schön	09	SG Frankfurt	4:54.42	518	
	50m: 33.88 33.88	150m: 1:48.18 37.57	250m: 3:03.96 37.90	350m: 4:19.22 37.71		
	100m: 1:10.61 36.73	200m: 2:26.06 37.88	300m: 3:41.51 37.55	400m: 4:54.42 35.20		
14.	Enya Braun	09	Sport-Union Neckarsulm	4:54.58	517	
	50m: 33.46 33.46	150m: 1:47.36 37.23	250m: 3:03.31 37.87	350m: 4:18.79 37.50		
	100m: 1:10.13 36.67	200m: 2:25.44 38.08	300m: 3:41.29 37.98	400m: 4:54.58 35.79		
15.	Alessia Köhler	09	SG Mittelfranken	4:55.33	513	
	50m: 33.14 33.14	150m: 1:47.98 37.92	250m: 3:03.88 38.13	350m: 4:19.78 37.59		
	100m: 1:10.06 36.92	200m: 2:25.75 37.77	300m: 3:42.19 38.31	400m: 4:55.33 35.55		
16.	Sabina Ahmedov	09	SC Wiesbaden 1911	4:55.68	511	
	50m: 32.98 32.98	150m: 1:47.46 38.02	250m: 3:03.96 38.68	350m: 4:20.04 37.18		
	100m: 1:09.44 36.46	200m: 2:25.28 37.82	300m: 3:42.86 38.90	400m: 4:55.68 35.64		
17.	Milena Auer	09	DSW 1912 Darmstadt e.V.	4:57.48	502	
	50m: 33.07 33.07	150m: 1:47.96 37.91	250m: 3:04.41 38.62	350m: 4:21.42 38.20		
	100m: 1:10.05 36.98	200m: 2:25.79 37.83	300m: 3:43.22 38.81	400m: 4:57.48 36.06		
18.	Enya Behr	09	DSW 1912 Darmstadt e.V.	4:58.38	497	
	50m: 33.56 33.56	150m: 1:48.75 38.15	250m: 3:05.19 37.91	350m: 4:21.59 38.13		
	100m: 1:10.60 37.04	200m: 2:27.28 38.53	300m: 3:43.46 38.27	400m: 4:58.38 36.79		
19.	Nele Bär	09	SSG Saar Max Ritter	4:58.85	495	
	50m: 33.21 33.21	150m: 1:47.68 37.67	250m: 3:06.07 39.10	350m: 4:23.43 38.57		
	100m: 1:10.01 36.80	200m: 2:26.97 39.29	300m: 3:44.86 38.79	400m: 4:58.85 35.42		
20.	Gloria Jakobi	09	SG Frankfurt	4:58.91	495	
	50m: 32.61 32.61	150m: 1:47.41 37.44	250m: 3:05.52 38.62	350m: 4:22.51 38.30		
	100m: 1:09.97 37.36	200m: 2:26.90 39.49	300m: 3:44.21 38.69	400m: 4:58.91 36.40		
21.	Marlene Tecklenburg	09	SC Wiesbaden 1911	5:01.21	483	
	50m: 32.63 32.63	150m: 1:48.22 38.25	250m: 3:06.43 39.42	350m: 4:24.09 38.52		
	100m: 1:09.97 37.34	200m: 2:27.01 38.79	300m: 3:45.57 39.14	400m: 5:01.21 37.12		
22.	Chaisy Tran	09	SV Region Stuttgart	5:01.55	482	
	50m: 33.22 33.22	150m: 1:47.37 37.74	250m: 3:05.38 39.74	350m: 4:24.80 39.62		
	100m: 1:09.63 36.41	200m: 2:25.64 38.27	300m: 3:45.18 39.80	400m: 5:01.55 36.75		

Jahrgang 2008

1.	Annika Dewdney	08	TB 1888 Erlangen	4:28.11	686
	<i>Süddeutsche Jahrgangsmeisterin</i>				
	50m: 30.47 30.47	150m: 1:37.94 34.41	250m: 2:46.93 34.21	350m: 3:55.82 34.28	
	100m: 1:03.53 33.06	200m: 2:12.72 34.78	300m: 3:21.54 34.61	400m: 4:28.11 32.29	
2.	Linda Roth	08	SV Cannstatt	4:32.42	653
	50m: 30.79 30.79	150m: 1:38.60 33.98	250m: 2:48.36 34.86	350m: 3:57.67 34.40	
	100m: 1:04.62 33.83	200m: 2:13.50 34.90	300m: 3:23.27 34.91	400m: 4:32.42 34.75	
3.	Anouk Walther	08	TB 1888 Erlangen	4:36.29	626
	50m: 31.15 31.15	150m: 1:39.45 34.49	250m: 2:50.18 35.76	350m: 4:01.78 35.99	
	100m: 1:04.96 33.81	200m: 2:14.42 34.97	300m: 3:25.79 35.61	400m: 4:36.29 34.51	
4.	Lena Schirmer	08	SSG Saar Max Ritter	4:39.15	607
	50m: 31.46 31.46	150m: 1:41.82 35.68	250m: 2:53.89 36.09	350m: 4:05.35 35.31	
	100m: 1:06.14 34.68	200m: 2:17.80 35.98	300m: 3:30.04 36.15	400m: 4:39.15 33.80	
5.	Hannah Schneider	08	Hofheimer SC	4:40.29	600
	50m: 31.88 31.88	150m: 1:41.56 35.11	250m: 2:53.38 35.94	350m: 4:05.35 35.86	
	100m: 1:06.45 34.57	200m: 2:17.44 35.88	300m: 3:29.49 36.11	400m: 4:40.29 34.94	
6.	Clara Kreuter	08	SC Regensburg	4:42.07	589
	50m: 31.54 31.54	150m: 1:41.97 35.82	250m: 2:55.00 36.72	350m: 4:07.85 36.62	
	100m: 1:06.15 34.61	200m: 2:18.28 36.31	300m: 3:31.23 36.23	400m: 4:42.07 34.22	

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Dresden, 7. - 8.5.2022

Wettkampf 27, Mädchen, 400m Freistil, Jahrgang 2008

Rang					Jg.					Zeit	Pkt.	
7.	Tina Söllner				08	SG Mittelfranken				4:43.05	583	
	50m:	31.53	31.53	150m:	1:41.62	36.04	250m:	2:54.68	36.94	350m:	4:08.55	36.79
	100m:	1:05.58	34.05	200m:	2:17.74	36.12	300m:	3:31.76	37.08	400m:	4:43.05	34.50
8.	Denisa Sindelarova				08	TV 1843 Dillenburg				4:43.09	582	
	50m:	31.36	31.36	150m:	1:42.51	36.24	250m:	2:55.54	36.65	350m:	4:08.34	36.33
	100m:	1:06.27	34.91	200m:	2:18.89	36.38	300m:	3:32.01	36.47	400m:	4:43.09	34.75
9.	Alexandra Traise				08	SC Regensburg				4:44.78	572	
	50m:	31.61	31.61	150m:	1:43.26	36.48	250m:	2:56.63	36.89	350m:	4:10.28	36.62
	100m:	1:06.78	35.17	200m:	2:19.74	36.48	300m:	3:33.66	37.03	400m:	4:44.78	34.50
10.	Maya Weckert				08	SV Cannstatt				4:45.69	567	
	50m:	31.35	31.35	150m:	1:41.80	35.69	250m:	2:55.54	36.86	350m:	4:09.60	36.85
	100m:	1:06.11	34.76	200m:	2:18.68	36.88	300m:	3:32.75	37.21	400m:	4:45.69	36.09
11.	Sophie Luschnitz				08	SSG Leipzig e.V.				4:47.84	554	
	50m:	32.62	32.62	150m:	1:45.05	36.76	250m:	2:58.56	36.95	350m:	4:12.41	37.28
	100m:	1:08.29	35.67	200m:	2:21.61	36.56	300m:	3:35.13	36.57	400m:	4:47.84	35.43
12.	Emilie Saillet				08	VfL Sindelfingen				4:48.32	551	
	50m:	32.19	32.19	150m:	1:44.16	36.29	250m:	2:57.76	36.89	350m:	4:12.28	37.57
	100m:	1:07.87	35.68	200m:	2:20.87	36.71	300m:	3:34.71	36.95	400m:	4:48.32	36.04
13.	Synthia-Lia Chantzaras				08	SG Frankfurt				4:52.88	526	
	50m:	32.51	32.51	150m:	1:45.73	37.46	250m:	3:01.66	37.73	350m:	4:17.06	37.15
	100m:	1:08.27	35.76	200m:	2:23.93	38.20	300m:	3:39.91	38.25	400m:	4:52.88	35.82
14.	Sophia Ivanova				08	DSW 1912 Darmstadt e.V.				4:53.89	520	
	50m:	32.15	32.15	150m:	1:45.16	37.08	250m:	3:00.31	37.78	350m:	4:16.79	38.36
	100m:	1:08.08	35.93	200m:	2:22.53	37.37	300m:	3:38.43	38.12	400m:	4:53.89	37.10
15.	Lucy Fiedler				08	SG EWR Rheinhessen-Mainz				4:54.53	517	
	50m:	32.69	32.69	150m:	1:45.90	37.24	250m:	3:01.84	38.05	350m:	4:18.06	37.93
	100m:	1:08.66	35.97	200m:	2:23.79	37.89	300m:	3:40.13	38.29	400m:	4:54.53	36.47
16.	Nele Clauß				08	SSG Leipzig e.V.				4:54.77	516	
	50m:	32.63	32.63	150m:	1:47.00	37.74	250m:	3:02.33	37.41	350m:	4:18.26	37.32
	100m:	1:09.26	36.63	200m:	2:24.92	37.92	300m:	3:40.94	38.61	400m:	4:54.77	36.51
17.	Emilie Appel				08	WSV 1923 Offenbach e.V.				4:55.07	514	
	50m:	32.15	32.15	150m:	1:44.57	36.92	250m:	3:01.09	38.43	350m:	4:18.26	38.74
	100m:	1:07.65	35.50	200m:	2:22.66	38.09	300m:	3:39.52	38.43	400m:	4:55.07	36.81
18.	Livia Gajda				08	SC Wasserfreunde Fulda e.V.				4:56.66	506	
	50m:	32.38	32.38	150m:	1:47.89	38.85	250m:	3:05.04	38.47	350m:	4:20.45	37.86
	100m:	1:09.04	36.66	200m:	2:26.57	38.68	300m:	3:42.59	37.55	400m:	4:56.66	36.21